STORYTELLING FOR SYSTEMS CHANGE:
LISTENING TO UNDERSTAND

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“Stories, in their many shapes and forms, are a part of human nature and humans are immersed in them: they are experienced as deeply individual and as integral to relationships between people; they provide explanations, meaning, and entertainment; people die for them, and people dismiss them as trivial; they enlighten and obscure; they enable judgement and reasoning and they seduce, persuade, and distort. We show that, by holding on, it is possible to listen to stories for the narrative evidence they provide, the cognitive value they possess, and the important ways in which they can enrich public reasoning”

SARAH DILLON AND CLAIRE CRAIG
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This report doesn't begin with an executive summary. It doesn't have one at all. Instead, it begins with an invitation for you, our readers, to engage with the following pages in whatever way feels right to you.

You may want to read this from start to finish, and that's fine. Or, you may want to engage with the report using a less linear approach, focusing on what resonates most with you.

We have resisted summarising our findings into a single page because that's what we heard good listening asks of us. Good listening asks us to avoid simplifying stories in order to fit neatly into a public-facing document.

We heard that when people listen to understand, they listen in a way which can hold tensions and contradictions. More often than not, executive summaries smooth over these tensions to pull out pithy key messages. We want to resist this.

We know that our decisions as authors matter. What we feature, exclude, and how we order and present the information is all an exercise of power. We want to try to subvert the traditional power dynamics as much as possible (noting, of course, that this is still very far from perfect).

We want to offer you insights into what we learned in a way that doesn't centre us as authors, but centres the voices we heard, as well as those who are reading it. So, we invite you to dive in and explore as you want.

We offer suggestions at various points about where you may want to move to next. Of course, you may want to choose a different path altogether.

Each of you will bring your own perspectives to this report, agreeing strongly with some points while hopefully disagreeing with others. These differences are enormously valuable.

We hope you enjoy exploring the insights that follow as much as we have.
The seeds of this story were planted in 2021. They were planted in the rich soil of an observation from Teya Dusseldorp, Executive Director of the Dusseldorp Forum, “I work with communities who are engaged in inspiring systems change work. Yet, so few of their stories are being heard. I want to understand why and support them to tell their stories more effectively.”

From these original seeds, a seedling grew, which needed tending and nurturing. And so emerged a partnership between the Centre for Public Impact, Dusseldorp Forum, and Hands Up Mallee, who agreed to work together to explore what these seeds might become.

As the seeds were nurtured, several branches began to grow. We called the first of these branches Storytelling for Systems Change: Insights from the Field. This branch offered a range of insights. We learned that stories can be used to change a system, as well as to evaluate, understand, and showcase the change occurring in communities. We also heard that stories require different approaches – stories that attempt to enable change look different to those seeking to celebrate change.

We learned that great stories privilege the voice of the storyholder; are resonant, clear, and relatable; and are guided and bound by agreed protocols. However, we also heard that technical, structural, and institutional barriers can hinder good storytelling.

In addition to offering insights, this branch also surfaced some questions. One question stood out to us – how might we increase the number of funders and enablers (from government and philanthropy) ready and willing to hear and respond to the stories that communities are telling?

This felt like a critical question. We know that to have an impact, stories need to be heard. So what does it take to create the conditions where people in government and philanthropy are able to listen deeply? As Fiona Merlin, Measurement Evaluation and Learning Coordinator from the Hands Up Mallee Backbone team, asked: how can we cultivate an audience who “listen to understand?”

This question catalysed the growth of this new branch in a different but related direction – a branch which explores “storylistening” in more depth. What follows is our attempts to gather and share what we’ve heard.

1 In this report, we use the term storyholder to describe the person who owns or is telling the story.
WHAT DO WE MEAN BY STORIES?

Our first phase of work did not offer a formal definition of stories based on the academic literature. That’s because we wanted our conversations to define stories for us.

Similarly for this branch, we have tried to resist being drawn too deeply into the tangle of literature which defines stories (and storytelling and narrative) in many ways. As Sarah Dillon and Claire Craig highlight in their book *Storylistening: Narrative Evidence and Public Reasoning*, “Wide-ranging reading reveals no consistency in the use of ‘narrative’ versus ‘story’ across disciplines and sectors.”

However, we noticed that in many of our conversations, people used the terms “stories” and “qualitative data” interchangeably. For us, they mean something different, and this distinction is worth exploring.

As we see it, the key difference between qualitative data and stories rests in where power sits. In the context of qualitative data, researchers shape the questions and decide how they will be asked, analysed, and interpreted. As Dave Snowden, founder of The Cynefin Co. explained, “In qualitative data, whoever is asking the question owns the story.” In the context of storytelling, however, the storyholder decides which stories to tell and how to tell them. Perhaps most importantly, the storyholder owns the interpretation of their stories and observations.

Participatory research approaches, such as *Most Significant Change* and *Participatory Narrative Inquiry*, go some way to addressing the power imbalances in qualitative approaches. However, many would argue that this is not enough. Dave Snowden pointed out that as soon as you ask someone to tell a story in an environment other than their own, you’ve changed their story. For this reason, he suggested that we need to involve those telling their stories in the
What do we mean by stories? Continued

gathering process, and “we need to listen to the stories being told in the street, not the stories being told in workshops.” While this may not always be possible, working to ensure that the locus of power sits with the storyholder, rather than the researcher, appears to be a key feature of effective story work.

One final thing to note is Cynthia Kurtz’s observation that the word “storytelling” in the report title is imperfect. Cynthia emphasised that “storytelling does not change systems. The universe of manifold interactions that surrounds stories changes systems...Calling the entire world of stories storytelling is like calling the water cycle rain. It’s so much bigger than that.” We agree. And we hope what we’ve written here goes some way to engaging with the important nuances that Cynthia highlights.
Just as there is a vast literature on stories and storytelling, a lot has been written about different styles of listening. Again, we have chosen not to delve too deeply into this literature. And yet, we have deliberately called this branch of work *Listening to Understand*. So, what do we mean by listening?

Perhaps we can best define what we mean by “listening to understand” by reference to what it is not. As a senior public servant we spoke to, explained, “In government, we tend to listen to respond.” Listening to understand is not this. Listening to understand is grounded in humility, empathy, and heart. It means listening with curiosity and suspending our habits of judgement. Listening to understand is a generative practice which recognises that the process of listening is just as important as the insights that emerge.
We want to acknowledge the rich forest of resources we have drawn from to shape this work.

We focussed most of our attention on the insights generated through conversations and workshops. However, we have also drawn on the vast literature and expertise that already exists, seeing our fledgling tree as one amidst many. This includes:

- **Storylistening: Narrative Evidence and Public Reasoning** – Claire Craig and Sarah Dillon
- **Participatory Narrative Inquiry** – Cynthia Kurtz
- **Sheep Farming After Chernobyl** – Brian Wynne
- **Listening as a Form of Healing** – Jennifer Brandel

If these resources feel like enough for now, move to the next page to learn more about how we worked or skip straight onto what we heard (page 14).

If you want to see what other resources we drew on, jump to the resources list (page 28).
An essential part of this work is not just what we discovered but how we went about discovering it. We sought to create ways of working that were open and inclusive, sharing our learning, mistakes, and emerging insights.

We shared Storytelling Digests, which provided regular updates to everyone who gave their time to the listening sessions. We also invited everyone who participated in a listening session to a sensemaking workshop where we collectively identified key themes and insights. And finally, as we did for the first branch of this work, we shared an early draft of this report with everyone who contributed, inviting them to ask questions, offer comments, and highlight points we had either missed or misconstrued.

Like last time, we met weekly as a project team to deepen our relationships and share our journey of discovery. We also spent time upfront defining how we wanted to work together as a team and created a Team Charter to support this.

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**Team Charter - Listening to Understand**

As a team we value **curiosity and new perspectives**. In practice this looks like:

- **Asking questions** of our partners, interviewees and of ourselves about why things are done a certain way, and what the underlying assumptions are
- **Encouraging diverse perspectives** by actively seeking input from people with intersectionality and difference in backgrounds and experience
- **Embracing uncertainty** through a commitment to adapting our approach based on what emerges
- **Being deliberately (but carefully) subversive** by challenging stereotypes and pushing governments and funders beyond their comfort zones

As a team we value **equity and inclusion**. In practice this looks like:

- **Elevating the voices of storytellers**
- **Avoiding exclusionary practices and reinforcing stereotypes**
- **Incorporating diverse perspectives**
- **Sharing our findings** in different ways – for example through a micro-podcast, or perhaps engaging an artist

As a team we are committed to the idea that the **process is as important as the product**. In practice this looks like:

- **We are learning new things as a team** and having fun
- **We prioritise coming together as a team through weekly meetings and (hopefully) a babka-eating session**
- **Working in the open**, through blogs, regular digests etc
- **Using listening sessions and workshops as a way of catalysing new conversations and connections** amongst participants

We want this work to **contribute to meaningful change**. In practice this looks like:

- **Creating something that people value and use** because it is clear and easy to understand and share
- **Generating valuable, inspiring and enlightening insights**
- **Creating something that makes people feel hopeful and aspirational**
- **Encouraging shifts in behaviours and mindsets** (doing and being)
Whereas the first phase of this work focussed on listening to storytelling experts and those in community, this time we concentrated on speaking to people in government, philanthropy, and academia. We also extended an invitation to anyone interested in joining us for a group listening session, which introduced a richer diversity of voices and perspectives.

Finally, a key insight from our listening work was the importance of holding contradictions in stories rather than trying to smooth them out. We have tried to honour that approach in this report. For this reason, there will be tensions in what you read and not everything we explore will feel neatly resolved. This mirrors the richness and complexity of stories.

If you’re keen to understand how stories are currently used by government and philanthropy, move to the next page.

If you want to skip to the barriers that get in the way of stories being listened to, skip to the section about what gets in the way (page 18).

If you’re feeling action-oriented and are keen to dive into ideas and initiatives, jump ahead to read about what might be done to build the readiness of government and philanthropy to listen more deeply (page 22).
The insights from this work are organised around three main questions:

- How are stories currently used by government and philanthropy?
- What gets in the way of stories being listened to and understood?
- What might be done to build the readiness of government and philanthropy to listen more deeply?

How are stories currently used by government and philanthropy?

When we asked this question, we didn’t expect a simple answer. However, the range of uses identified far exceeded what we anticipated.

See the video on our website

Stories are used to deepen understanding

We heard that stories can **deepen understanding about the impact that policies and programs are having on people and communities.** Robyn Scott, Executive Director of J R McKenzie Trust, explained that “stories reveal gaps and help us make sense of what’s needed and what’s working.”
We also heard from our group listening session that stories:

- “allow governments to hear and see the realities of their policies and practices from the ground up”
- “highlight the embodied reality of those impacted by policies and practice, rather than the idealised outcome”
- “capture the experiences, memories, questions, or concerns of groups in ways that are not able to be done via traditional research methods.”

Stories also deepen understanding by **surfacing different perspectives**. In their book *Storylistening*, Sarah Dillon and Claire Craig point out that “stories enable multiple points of view, increasing knowledge and understanding of a system.” They explain that this diversity of viewpoints “enables better understanding of both truths and untruths about a system.”

Others we spoke to pointed to the role of stories as a way of **augmenting quantitative insights**. As John King, former Executive Director of Analytics, Evaluation and Research at the Victorian Department of Health, explained that while data alone “gives you a thin sense of people’s complicated lives”, wrapping stories around that data “thickens it” and helps communicate the opportunities and impacts in ways that decision-makers can connect to. Colette Einfeld, Research Fellow at Crawford School of Public Policy, similarly shared how stories can be interwoven with statistical data to “give vibrancy and depth to the numbers.”

Finally, some felt that **stories can highlight when policies and programs are working well and why**. For example, Paul ’t Hart, Professor of Public Administration at the Utrecht School of Governance, suggested that stories can help us celebrate when “the system is working as it should.” In contrast, others felt that **we should focus on stories that help us understand failures or missteps**. Donna Hall, Chair of New Local, suggested that it is “pointless listening to people who have had a good experience. Let’s listen to what went wrong.”

**Stories are used to influence decision-makers**

In addition to deepening understanding, **the evocative nature of stories means that they are often used to influence decision-makers**. One public sector executive explained, “storytelling invokes empathy; factsheets don’t do this.” Deidre Mulkerin, Director General at the Queensland Department of Child Safety, Seniors and Disability Services, also noted that sharing an individual story is more likely to “hit the mark” with politicians “because they understand the world from the person upwards.”

In a philanthropic context, Nicola Hannigan, Chief of Communications at the Paul Ramsay Foundation (PRF) and Suzie Warrick, Senior Content Manager at the PRF, explained that “while data demonstrates, stories inspire” and Bill Kermode, CEO of the Next Foundation, noted that “stories help shape and change people’s attitudes.”
Stories can be used to shape policy design

Many people highlighted that stories, particularly from people with lived experience, can inform the design of policies and programs. Tim Reddel, Professor at the Institute for Social Science Research at the University of Queensland, highlighted that stories and ethnography have an important role in shaping policy. Donna Hall, a strong proponent of ethnography in government, emphasised, “[government] needs to forge a new relationship with citizens centred around their stories.”

While she served as the Chief Executive of Wigan Council in the UK, Donna became interested in using people’s stories to shape public services. With her team, she trained every staff member – from frontline workers to the Executive Team – in ethnographic techniques. This taught staff to listen and engage with citizens differently, setting aside personal assumptions and taking the time to see the world through another’s perspective. As Donna explained, listening differently allowed staff to “be radical but humble public leaders who were able to embrace the reality of people’s lives and reshape our offer accordingly.”

While many agreed in theory about the importance of putting people’s stories at the centre of program and policy design, Deirdre Mulkerin pointed out that this might require mindset shifts. She explained that “to privilege and honour lived experience means making space for it. It means turning down the volume on traditional tools and turning up the volume of lived experience.”

“Listening can be an act of transformative power provided it is done right”

Ambelin Kwaymullina

Stories can offer new visions for the future

The idea that stories can be used to imagine and shape our future was a theme that emerged in our group listening sessions. One participant said, “We need stories to help us co-design what we want the future to be.”

This sentiment is echoed by Dillon and Craig’s book Storylistening. “Stories might not just describe the need for alternative models of the future, but provide them. Such stories might also be the product of collective imagining rather than of individual imagining.”

Using stories for ourselves

Several people we spoke to highlighted how stories are used for more internal purposes. This included stories being used in the following ways:

- To build trust and connection within teams. A senior public servant pointed to a range of narrative techniques for team building. Similarly, in the group listening session, someone shared that “stories help the people I work with build connections and trust.”
• **As a way of processing trauma.** Paul ‘t Hart has seen storytelling used as a way of helping public servants process trauma. Sometimes, just telling stories can be an act of healing. As Meg Wheatley has said, “Listening is such a simple act. It requires us to be present, and that takes practice, but we don’t have to do anything else. We don’t have to advise, or coach, or sound wise. We just have to be willing to sit there and listen. If we can do that, we create moments in which real healing is available.”

• **As a way of keeping people connected to the purpose of their work.** Robyn Scott described stories as “keeping us feeling inspired and like we want to keep doing more of this work.” In the group listening session, we also heard that “stories keep those who are doing the work inspired, motivated, and connected.”

**The shadow side of stories**

It was clear from our conversations that stories are not always used as a force for good. We heard that stories can be used as a form of strategic mythology. For example, someone pointed to the infamous “Children Overboard” affair in Australia, where a particular story was told to drum up public support for stricter border controls. Cynthia Kurtz, author and Participatory Narrative Inquiry consultant, affirmed that stories can be used to “muddle and confuse people and trick them into believing things that aren’t true”.

Some people pointed to the danger of relying on a single story as a basis for decision-making. While the emotional nature of stories was identified as a strength, it can also create risks as single stories can capture people’s hearts and minds, leading to irrational decision-making. If a story doesn’t represent a larger pattern or trend, it shouldn’t be used as a basis for a big policy decision. In our conversation with Claire Craig, she stressed that in the context of social change, “it’s the collective impact of telling and listening that really matters.”

Others also pointed to the risks of simplifying stories to fit neatly into a public-facing document. To do this is to disrespect the storyholder’s agency and “tokenise” their story. This risks breaching trust, which can result in people not wanting to share their stories again, or even more significantly, risks compounding the trauma of storyholders.

This highlights that not all stories are worthy of our attention, and storylisteners need to be able to discern when this is the case. While not an easy task, it can be supported by focusing on collectives of stories rather than stories of individuals and using a mixed evidence base, which considers stories alongside other sources of evidence.
What gets in the way of stories being listened to and understood?

In addition to understanding how those in government and philanthropy use stories, we also wanted to understand what gets in the way of stories being listened to and understood.

There is a perception that while quantitative data offers a solid basis for decision-making, stories alone are insufficient. One public servant we spoke to suggested that “Politicians could safely make decisions just based on facts and figures; but not just based on stories.” Similarly, Bill Kermode offered that stories are helpful but “won’t go anywhere without sufficient evidence.”

Why is this the case? Erica Potts pointed to the “white coat” effect of data specialists. Erica explained that there is a perception that numbers don’t lie but was at pains to point out that, of course, they can:

“All the things people think about stories can also be true of data. There can be bias, inaccuracies, omissions… people should question data just as much as they question stories.”
Delving even more deeply into why numbers are seen as more “reliable and credible”, John King suggested that this bias is rooted in a Western worldview centred around scientific approaches and the logic of cause and effect. In their book Storylistening, Dillon and Craig elaborate on this:

“...the persuasive power of stories has contributed to their delegitimisation among the modes and models of rationality that have grounded Western democratic norms of evidence and public reasoning, norms consolidated in the Enlightenment, and rooted in rationalistic, positivist, and empiricist traditions.”

Robyn Scott’s work with Māori communities suggests that not all cultures prefer quantitative methods. Robyn explained how the communities she works with resist quantitative approaches because they tend to be used against them (as a weapon) far more than they’re used to support them.

Ensembles of evidence

Despite this apparent tension between scientific and narrative methods, Dillon and Craig argue that we should not see stories and quantitative data as opposing one another. Instead, we need to create ensembles of evidence. They explain,

“... What is needed is a pluralistic evidence base that combines the strengths of different forms of modelling and knowledge-generation.”

This was echoed by Erica Potts, who spoke about the “interweaving” of data and stories. Likewise, Tim Reddel asked, “How can we bring together storytelling and empirical work – not see them as dichotomies?” Nicola Hannigan and Suzie Warrick said,

“We talk about needing to shift hearts and minds. Stories are the heart. Data is the mind. And a combination of those leads to better decisions.”

The challenge with ensembles is that they can create tensions. We asked those we spoke to “what do you do if the quantitative data and stories paint different pictures?” For many, this tension is where the greatest insights emerge. As John King explained, “The tension that emerges is what forces the ‘why’ conversation, which is joyous. You have to embrace that tension and work through it with curiosity and humility, from multiple angles and sources.”

This idea was reinforced by Dillon and Craig, who note that bringing together different forms of evidence creates greater uncertainty but makes “the future more visible and enable[s] those uncertainties to be engaged with more effectively.”
Additional barriers

Our listening sessions also surfaced a range of additional barriers that can get in the way of stories being heard, listened to, and understood. These include:

- **Skills deficit:** “People in government are not skilled, empowered, or expected to work with stories.” Erica Potts

- **Power imbalances:** “Governments, philanthropists, academics, and others who hold institutional power are in a position to decide which people are given the stage and which are not. They can decide whose stories are valid and whose are worthy of being heard.” Amy Denmeade, Ph.D. Scholar at the Crawford School of Public Policy

- **An efficiency imperative:** “In the drive for efficiency in the public service, we too often don’t invest enough time in storytelling” John King

- **Unconscious bias:** “People are cherry picking the stories that already fit with their narratives.” Daniel Daylight, Manager of Mt Druitt, Just Reinvest NSW

- **Dominant narratives:** “Stories occur in the context of other stories. The story of capitalism, for example, shapes how we understand other stories. We need to better articulate the assumptions underpinning our stories.” Amy Denmeade

- **Narrative deficits:** “Narrative deficits are areas in which there is a falling short either in terms of the ability or willingness to take stories seriously or because there is, in fact an (actual or perceived) absence of stories.” Sarah Dillon and Claire Craig

- **Lack of relationships:** “If you want to hear a good story, you need to build a good relationship. For people to share the history of who they are, it’s a very personal thing!” Turei Mackey, Strategic Communications at The Southern Initiative

- **The desire for certainty and clarity:** “We are required to have a neat answer. This doesn’t lend itself well to stories, which capture the variances and diversity that make up human nature.” Rachel Roberts

- **A sense of professionalism:** “People often assume you need to put walls up and have a professional distance. This gets in the way of genuinely hearing the stories of someone else. It’s not just the head; it’s the heart. This requires us to be vulnerable. And not everyone is comfortable with that.” Deidre Mulkerin

- **Lack of connection between “story” people and “data” people:** “It can feel like there is an oil and water effect between story people and data people. They often don’t collaborate well.” Erica Potts
In addition, one person we spoke to felt that there were few opportunities to speak to communities. They described feeling “blocked” from community, explaining that “fear, risk aversion, and a lack of good process to support the engagement” were the biggest barriers. However they did acknowledge that they knew of other governments who were “doing it much better than we are.”

We also heard from some that using stories in government is still not expected, while it is becoming the norm in the philanthropic sector. This sat in tension with the views of others who suggested that storytelling in government is now commonplace. For example, one senior public servant we spoke to suggested that most policy submissions she sees now include stories. She shared that as a leader in the public service, she’s constantly asking for stories from her team to illustrate the practical implications of a particular policy or service and observes others doing the same.

Finally, some people we spoke to highlighted that they are reluctant to ask for stories from community members in case nothing changes. Daniel Daylight explained, “What I’m protective of is seeing young people having to retell their trauma over and over again for things that don’t get results.” Similarly, Erica Potts pointed to her fear of “retraumatising people for a compelling story.”

A senior civil servant stressed that if decision-makers listen to stories, they must be committed to making change:

“Our job is to work out how we can create opportunities for people to tell their stories and have them influence change. When people share their stories, we also need to have feedback mechanisms to let them know how we’ve used the information.”

In a similar vein, Frances Martin suggested that “honouring the story means feeling responsible for ensuring the story translates into change and action.”

While some people we spoke to suggested that failure to act on what is being heard will make people reluctant to share their stories again, Cynthia Kurtz offered a different perspective. She suggested that “if people feel disrespected and not heard, they will still tell stories. But they will tell different stories.”

If you haven’t read about how we captured the insights you just read about, jump back up to how we worked (page 12).

If you want to take a break from reading our insights and want to read the work and thinking of others, jump to resources (page 28).

Read on if you want to learn more about what might be done to support better listening (page 22).
What might be done to build the readiness of government and philanthropy to listen more deeply?

For our final element of this phase of work, we wanted to move from insight to action. We wanted to understand what might be done to build the readiness of government and philanthropy to hear, listen to, and understand stories. Below, we share some of what we heard.

See the video on our website
The work of Donna Hall and Robin Pharoah in Wigan shows how one Local Council trained all staff in ethnographic techniques.

PolicyLab in the UK has also used ethnographic approaches to improve policymaking.

Cities are recruiting Chief Storytellers, and some are focusing on listening.

Burnie Works recruits local Community Knowledge Collectors who are skilled and supported to collect stories.

Digital Storytellers supports local government to develop skills in telling and listening to stories.

Develop the storylistening skills of decision-makers.

What Matters To You is an initiative designed to support healthcare professionals to engage in deep listening.

Yarn Australia’s courses focus on storytelling and storylistening.

Invest in ethnographic skills.

Explicitly recruit for narrative skills.

Rather than writing this section in prose, we’re presenting it as a suite of practical actions for you to explore. For each initiative, we offer examples of what this might look like in practice, drawing on ideas and inspiration from around the world.

Given this section is about moving to action, we encourage you to read it in that spirit. Explore the leaves below, pick those that resonate most, and think about how you might be able to use them in your context.

Build storylistening skills.
Cynthia Kurtz suggested that when people are paid, stories become commodified and performative. Others have written about the importance of remuneration.

Community Conversations are commonly used to bring people from different sectors together to have generative conversations.

Our Place has shared their experience building relationships between government, philanthropy, and community.

The Southern Initiative focuses on building relationships first and gathering stories once trust is established.

Relational approaches to funding are central to the work of the J R McKenzie Trust and other philanthropic organisations.

Commissioning in Complexity offers insights into a relational approach to funding in government.

Consider whether payment for stories feels appropriate.

Bring government, philanthropy, and storytellers together to have brave conversations.

Create a culture which values building relationships with storyholders.

Embrace a relational approach to funding and grant-making.

Invest in relationships
Digital Stories Canada suggests creating and holding safe spaces for stories to emerge.

Mounty Yarns is a youth-led project presented as stories, expertise, and knowledge by and with Aboriginal young people with lived experience of the criminal justice system.

Create safe spaces where people who don’t traditionally occupy positions of power can tell their stories and have them heard.

Emma Blomkamp offers courses and coaching on co-design.

Invest in developing co-design capabilities and mindsets.

K A McKercher’s book “Beyond Sticky Notes: Co-design for Real” aims to help individuals and teams co-design better.

Invest in co-design skills

Create dedicated storytelling/storylistening spaces
Scotland’s Local Intelligence Support Team model embeds data scientists in local environments (GP Clinics, Local Authority offices etc).

Seer Data and Analytics empowers data-led decision-making for communities, while Kowa amplifies the voices of First Nations peoples in impact measurement, evaluation, and learning.

Draw on the expertise of organisations blending data and story in ways that acknowledge complexity.

SenseMaker® is a distributed ethnographic tool that empowers community members to tell and interpret their story and gather material.

Better Evaluation includes resources on mixed methods approaches.

Dartington Service Design Lab has explored integrated approaches to evidence.

Bring people with data knowledge together with frontline workers and community.

Train people in ensemble thinking.

Utilise technology-based tools which blend stories and data.

Bring together data and story people.

Bring people with data knowledge together with frontline workers and community.
This second branch of work, like the first, has revealed new insights, raised new questions, and offered a range of possibilities and ideas for how we might grow new branches and strengthen those that are already established.

Like last time, we approached this work with the intention of generating value beyond the report. We know that the conversations we’ve had over the past several months have already generated new ideas and opportunities, and we are keen to continue these and see what emerges.

If you would like to be part of a community of people interested in exploring this work further, join our Storytelling Community of Practice.

If you work in philanthropy or government and are keen to explore these ideas in more detail, we’d love to hear from you.
# RESOURCES

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Thank you for taking part in our work on storytelling for systems change.

Whether you contributed to our report or are part of our listening sessions, we at the Centre for Public Impact, Dusseldorp Forum, and Hands Up Mallee want to keep you in the loop on how this work is progressing.

In this next phase, we are listening to those in government and philanthropy who use stories in their work, and exploring what this might mean for how storytelling is used.

Listening to change is a fortnightly digest sharing what we are hearing and where we’re finding inspiration. So far, we’ve heard:

- About the tension between quantitative data and qualitative storytelling, evaluation, and action. There is a strong bias towards quantitative data due to the perception that it is robust, reliable, and impartial.

- While trust in storytelling as a measurement to generate change is low, demand for harvesting “warm fuzzies” is increasing, as is their use as a marker of engagement.

- For people working to generate change through the power of community stories, it is critical to connect storyholders to storylisteners who are ready to hear stories meaningfully and ensure they have a positive impact.

As we continue our listening sessions over the coming weeks, we’ll continue to gather ideas and share what we are learning about how government and philanthropy can better understand and use stories to make positive change.

Want more now? See our blog Storytelling for systems change: Hearing stories meaningfully.

Along the way, we are unearthing stories that intrigue and inspire us, hoping you’ll love them too.
Watching – Retelling the story of humans and nature

“But apart from the individual stories we tell ourselves, all of us are also taking part in larger collective stories” – Damon Gameau

Reading – The power of changing narratives for systems change

“Public narratives are stories that help us understand our world. They are everywhere – in the news, in conversations, in politics and in common assumptions – informing our world views and how we make decisions.” – Stephanie Draper

Listening – ChangeMaker Chat – Voice To Parliament

“That gives us some guarantee of consistency, of self-determination over what we say on behalf of our people, of the solutions we have to offer to the unique problems in this country.” – Thomas Mayo
Welcome to the 2nd edition of Listening to Change, a fortnightly digest from the Centre for Public Impact, Dusseldorp Forum, Hands Up Mallee that shares what we are hearing as part of our Listening to Understand Sessions. We’ve been speaking to those using stories in government and philanthropy to better understand the strengths and weaknesses of storytelling as a lever for systems change.

Over the past fortnight, we’ve spoken to a variety of policy experts, philanthropists, and academics and some of the key insights include:

- To listen well you need vulnerability and not everyone is comfortable with that.

  “People often assume you need to put walls up and have professional distance. This gets in the way of genuinely hearing someone else’s story.”

- There is a huge power imbalance that gets in the way of hearing stories. Indigenous populations have had data used as a weapon against them by governments. There is an element of rebalancing power in stories.

  “Qualitative data meets the needs of Ministers or government departments but not necessarily the community’s need.”

- There is a translation role for those wanting stories to be heard so that it lands and has an impact inside government. We need to start by celebrating what is working and investigating why things work well.

  “To encourage government to listen you’ve also got to recognise what works in the system. Change doesn’t happen with an approach of only pointing out what is broken.”

We have two more weeks of listening sessions and look forward to sharing more insights in our next digest.

Until then you can read our latest blog and enjoy some of the resources below.

**Watching** – Towards more proximate storytelling in philanthropy

The videos shared in this Skoll Foundation article explore the work of decolonizing storytelling in philanthropy.

**Reading** – Thinking Fast and Slow

Thinking, Fast and Slow, takes us on a tour of the mind and explains the two systems that drive the way we think and make choices. One system is fast, intuitive, and emotional; the other is slower, more deliberative, and more logical.

**Listening** – Why are stories important for society?

Stories can provide new insights into current policy challenges and problems but while listening to them could improve political decision-making, how do we know which ones to trust.
Welcome to the third edition of Listening to Change, a regular digest from the Centre for Public Impact, Dusseldorp Forum, Hands Up Mallee sharing what we are hearing from our listening sessions. We’ve been speaking to those using stories in government and philanthropy to better understand the role of storytelling in systems change.

- We’ve heard that government’s need for efficiency and outputs make it difficult to allocate the resources and time required to be relational, develop trust and hear stories.

“With the pressure to have an output that is neatly boxed up there is an inability to tell a story amongst this transactional nature”

- We’ve also heard that when a story heads upstream, from community to decision makers, and becomes further removed from the teller, so does its power. The challenge for intermediaries, as stewards of stories, is to translate and present them in ways which will land with decision makers.

“Stories have the greatest credibility in talking to what they saw and heard. There is a diminishing value in return in emotional connection every time it is told by another person (further away)”

As we wrap up the listening phase of this project stay tuned for updates about the report and other outputs to be published in the coming months. Until then, check out some of what we’ve been reading, watching and listening to below.

Watching - Storytelling in design and policymaking
- How can change makers and policy makers ethically use storytelling in their work?
- What are the principles of good storytelling?
- How can we ensure stories are listened to and understood?

Reading - Rangatahi bringing community stories to life
- Vibrant mural in progress in South Auckland community place, co-designed by local rangatahi
- Mural depicts the ancestral story of an important local figure, celebrates cultural identity, and aims to deepen community knowledge and understanding of Māori place names

Listening - The importance of truth listening
- Ambelin Kwaymullina says that while there is a lot of truth telling at the moment there should be greater emphasis on truth listening and shares how non-Indigenous people can really listen to Indigenous voices
Welcome to the fourth edition of Listening to Change, a regular digest from the Centre for Public Impact, Dusseldorp Forum, and Hands Up Mallee sharing what we are hearing from our listening sessions. Over the past few months we’ve spoken to over 30 people using stories in government and philanthropy to better understand the role of storytelling in systems change.

We’ve now completed our final listening sessions and held a sense-making workshop where participants came together to draw out themes and insights from the broad range of perspectives. Last week we also shared the draft report with those who participated in the listening sessions, with an invitation to review, provide comments and approve quotes. We hope you’ve had a chance to do so as we look forward to incorporating feedback before sharing the full report in October. In the meantime, here is just a taste of what we’ve heard.

Big data on its own is great at providing a sense of what has happened at scale but it is very thin. Using stories can enhance the data to give a better understanding of the why.

- Big data has huge prospects for storytelling. Most of my job is using stories to explain data at the aggregate level.

There is a need for safe spaces for storytellers to share their stories. Spaces where storytellers have agency and where government can listen to the stories as intended.

- Stories cannot be elevated, you’ll break them if you do. Government needs come down to where stories are.

We’ve also heard that some areas of government are reluctant to engage with community. Fearful of receiving stories and being unable to act on them.

- There is fear, risk aversion and a lack of good process to support the engagement

While we knuckle down to prepare the report you can check out the latest blog and some of what we’ve been watching and reading below

**Watching** - Conversations about Working with Stories and Storytelling

- Cynthia Kurtz is a leader in the field of Participatory Narrative Inquiry (PNI)

- This conversation highlights the roots of PNI in action research and narrative inquiry, and the connections between stories and complexity

**Reading** - Why policy narratives matter

- Policy Design and Practice, by Professor Michael Mintrom and Ruby O’Connor

- This explores storytelling in public policy matters when communicating policy decisions, and how policy makers craft narratives to influence policy success?
Welcome to the last edition of Listening to Change, a regular digest from the Centre for Public Impact, Dusseldorp Forum, and Hands Up Mallee that shares what we are hearing from government and philanthropy in our exploration of the role of storytelling in systems change.

Our listening sessions are complete and we are well into report writing but after speaking with over 30 people we’ve still got a few more interesting insights and resources to share. We’ve decided to share one more digest before the full report arrives in late October.

Here are some final thoughts, collected over the past few months, about how stories are heard by government and philanthropy to understand change.

Collective stories have the power to move beyond the story of the individual and the programmatic response. Collective stories highlight where the system is failing and elicit community-led systemic solutions.

“Storytelling to government and philanthropy is often one person’s experience. This service has helped this person. It’s singular. It misses the collective nature, the wider collaborative community.”

An image or short video can have an instant impact in a way a report can’t. Sometimes we need to see with our own eyes to understand.

“To effect change, we need to make it easy to listen to and re-share stories.”

Listening to understand means better decision-making. To get there we need to build a movement for better storytelling and storylistening.

“If people’s mindsets are open to that, it enables them through their empathy genes rather than transactional genes to engage with what that might look like.”

We’re very excited about sharing our report in October. We will be holding a webinar to share our findings on the 28th November. You can register your interest here with invites to follow. Until then here are some resources to get stuck into.

Reading and Watching
- Mounty Yarns, a youth-led project that gathered stories, expertise, and knowledge by and from Aboriginal young people with lived experience of the criminal justice system and the impact the criminal justice system has on them and their families.

Reading - Empathic Listening: The Highest Form of Listening J D Meier. “Most people do not listen with the intent to understand; they listen with the intent to reply.” – Stephen Covey.
“Long before I wrote stories, I listened for stories. Listening for them is something more acute than listening to them”

**EUDORA WELTY**